



**SCOUTING FOR FOOD**  
PLEASE HELP FEED THE HUNGRY



Hello neighbor my name is \_\_\_\_\_.

I am a local Scout in Pack/Troop \_\_\_\_\_.

This week, Scouts all across America are asking neighbours to donate non-perishable foods and hygiene items to help the less fortunate in our communities. This year, due to COVID19, it will be done in a socially-distanced & no contact way.

***You can help needy families by contributing to the Scouting for Food Drive!***

**Saturday/Sunday, November \_\_\_\_, 2020**

***You can Donate By:***

\_\_\_ Put donated items on your porch before 9 am.

\_\_\_ Drop off at our house here \_\_\_\_\_

\_\_\_ Donate online <http://bit.ly/DonateScoutFood20>

*Not sure what you should donate?* According to our friends at Capital Area Food Bank, some of the most highly needed items are:

- Non-perishable food items
- Canned protein (tuna, salmon, chicken, beans, peanut butter)
- Soups & stews (beef stew, chilli, meat-based soups)
- 100% fruit juices (all sizes)
- Grains (pasta, whole grains, rice, boxed macaroni & cheese)
- Cereals (multi-grain, low sugar, oatmeal, etc)
- Canned vegetables and fruits
- Condiments
- Hygiene products (diapers, toilet paper, tissues, soap, toothpaste, etc)

Feel free to contact me with questions at: \_\_\_\_\_

***Thank you for helping us help others in need!***



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